

# Alberta Prairie C.O.W. Bus

Autumn Newsletter 2012



## Activity

Shorter days, cooler weather and yellow leaves...it must be Fall! Here are some ideas you can do with your children while you enjoy the beautiful fall colours.



### Fall Activities

Head out into nature and enjoy a walk with your children.

Bring along a magnifying glass so you can take a closer look under a fallen tree, or a rock or even the leaves underfoot.

Play "Give me Five" with your kids. As you walk, ask your children for five items in a category, such as "Give me five kinds of trees that loose their leaves in the fall?"

## Rhyme

Enjoy a couple of little rhymes with your child about Autumn leaves.

"Come, little leaves," said the wind one day,  
"come o'er the meadows with me and play:  
Put on your dresses of red and gold-  
For summer is gone and the days grow cold."

- Anonymous

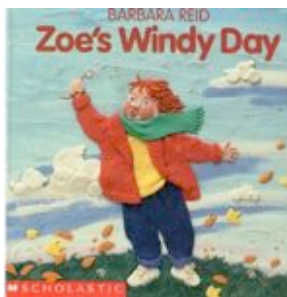
Red leaves and yellow leaves  
Orange leaves and brown,  
Leaves are dancing everywhere (*tickle everywhere*)  
Happily dancing down. (*tickle down back*)

-Anonymous



## Book Recommendations

0 – 2 year



*Zoe's Windy Day*  
by Barbara Reid

3 – 4 years



*Time to Sleep*  
by Denise Fleming

5 – 6 years



*Fall Leaves Fall*  
by Shari Halpern

Find out more about family literacy and upcoming C.O.W. visits online at [famlit.ca](http://famlit.ca) or call the Centre for Family Literacy 780-421-7323 (Toll Free 1-866-421-7323)  
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