

Alberta Prairie C.O.W. Bus

Winter Newsletter 2014



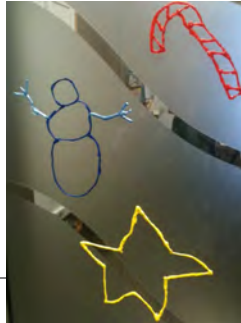
Activity

We hope you are enjoying this winter season. Hopefully you have been able to spend some time outside playing in the snow with your family. However, for those days when its too cold to venture out, try making this simple craft with your child!

Homemade Window Art

Materials Needed:

- paper and pencil
- cookie sheet or flat service
- waxed paper
- fabric paint



Directions:

- Draw the object(s) you wish to make, onto a piece of paper.
- Lay a piece of waxed paper on top of the drawn object(s).
- Use the fabric paint to trace the object(s). Make sure the paint lines are all linked together.
- Let the paint dry for 24 hours, then peel from the waxed paper.
- Stick onto windows or mirrors.

Rhymes

Here is a winter rhyme to enjoy with your child.

Sleeping Snowman

("Sleeping Bunnies" adaptation)
See the sleeping snowman,
Sleeping until June,
Shall we awake him,
With our merry tune,
Ohh so still... Is the snowman chill?

Shhhhhhhh....

Wake up little snowman,
Roll, Roll, Roll, Roll,
Wake up little snowman,
Roll, Roll, Roll, Roll,
And freeze!

(Adaptation from a Rhymes that Bind facilitator & a 4 year old program participant.)



Book Recommendations

0 – 2 years



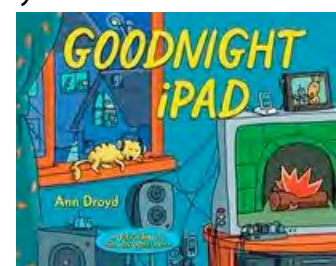
It's a Little Book
by Lane Smith

3 – 4 years



Winter Wonderland
by Jill Esbaum

5 – 6 years



Good Night iPad
by Ann Droyd

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